

Nutritional Information On The Advantages Of Liver Extracts

For decades nutritional orientated doctors have used raw liver to treat numerous disorders, including anemia and chronic fatigue. According to "Proceedings of the Society of Experimental Biology and Medicine," Dr. B.H. Ershoff at the University of Southern California tested three groups of rats. In citing the results of this test for which raw liver was incorporated into an anti-fatigue diet, Dr. Ershoff explains that the rats in Group One were fed the usual laboratory diet plus nine synthetic and two natural vitamins. Group Two was fed the same diet but with the addition of all the known components of B complex. Group Three was fed the basic laboratory diet plus 10% of raw liver in place of the vitamins. At the end of a twelve-week test period all three groups were placed in large drums of water. Group One swam an average of 13.3 minutes before all available strength and energy had expired. Group Two's average was only one point higher (13.4) before exhaustion. Group Three swam 63, 83, and 87 minutes. Moreover, at the termination of the experiment some of the rats were still swimming without signs of exhaustion. In another study by Dr. Ershoff he tested the effects of raw liver as a defoliant agent. Dr. Ershoff placed two laboratory rats on separate diets, one on the usual laboratory diet, and the other on the same diet with large amounts of raw liver added. Both animals were then exposed to the same toxic chemicals. In a short time the difference was quite obvious. The rat that had received the raw liver in his diet was strong, energetic, normally developed in both size and weight, with a full healthy coat. The rat that had not received the raw liver was noticeably weaker, lethargic, and underdeveloped in size and weight, with a short coat growing from coarse wrinkled skin.

I. M. Rabinowitch, M.D. used liver extract to treat 127 diabetics with "peripheral neuropathy," a complication of diabetes in which nerves slowly degenerate. After taking the liver extract, this condition was reversed in 120 of the diabetics. (Journal of the American Medical Association, May 10, 1952). Another doctor who has used liver extract to treat his patients is Walter Myerhoff, M.D. Over 40 cases of leg ulcers - some that had resisted treatment for longer than 10 years - were completely healed when they were wrapped in dressings saturated with liver extract (Der Haytarzt, vol. 11, no. 2, 1960).

Gum disease has also yielded to liver. Writing in Dental Radiography and Photography (vol. 32, no. 3, 1959), Harry Roth, D.D.S., reported a case of a patient with severe gum disease who had failed to respond to four months of standard gum treatment. After receiving dietary advice and taking three multi-vitamin and 12 desiccated liver pills daily for one week, the patient's gums improved.

In a series of 450 cases studied by Morton S. Biskind, M.D. (New York) and reported in Vitamins and Hormones, volume 4, page 147, disturbance of sex hormones has resulted in an excess of the female sex hormone - estrogen. In the women patients this brought about various menstrual disorders, painful breasts and acne; in the men, excessive development of the breast, softening of the testes, loss of hair in the armpits and so forth. In both sexes there was infertility. Dr. Biskind treated the patients with desiccated whole liver, which resulted in completely healing all their symptoms of vitamin deficiency as well as the sex hormone disturbances.

In another series of cases described in Archives of Internal Medicine, volume 88, page 762, R. S. Long and E. E. Simmons tell of similar symptoms in persons who apparently had perfectly livers and were not lacking in any of the vitamins. However, in these cases, too, the disorders of sex hormone functioning were cured by a diet high in protein, low in fat, richly supplemented with the B vitamins and crude liver extract. In the two cases where there was liver disease the effect of the diet was "truly impressive" say these authors. Bernard Kroh, M.D. of Long Beach, California, described many cases of poisoning from insecticides, which he was treating with injections of liver extract and also large amounts of liver given by mouth. "Treatment of the disease is largely a matter of repairing damaged tissues. High protein and high vitamin diet, especially the B complex of vitamins, is useful. Injections of crude liver extract speed the process."

According to Sir Stanley Davidson and I. Richmond, two physicians from Edinburgh University, writing in the South African Practitioner and Digest of Treatment (July 1962), vitamin C is a key factor in correcting iron deficiency anemia. Liver is one of the few meat foods containing vitamin C. Cobalt, copper, and calcium have also been found necessary for a high rate of absorption of iron into the system. Liver has all these minerals. Is it any wonder liver is the primary preventive of anemia as well as therapy for this blood deficiency?

Raw liquid liver extract is by far the most potent of all liver supplements. It is a superb source of iron necessary for the production of hemoglobin, a major protein found in red blood cells. Raw liquid liver extract contains high amounts of B-12, vital to the production of red blood cells in the bone marrow and the health of the central nervous system. Raw liquid liver extract is water soluble, fat and cholesterol free, encapsulated in its free form for optimum utilization. This anti-fatigue combination is a vigorous blood builder that contributes enormously to energy production. It is used by children, on-the-go professionals, homemakers, senior citizens and the physically challenged and it is 100% pure.

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